

Incorporation and metabolism of fatty acids by desaturation and elongation in
the nematode, *Panagrellus redivivus*.

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26 **Summary**

27 The free-living nematode *Panagrellus redivivus* can be mass produced in monoxenic solid
28 culture on *Saccharomyces cerevisiae* and therefore could be useful as a live food for marine
29 fish or crustacean larvae in the rapidly expanding aquaculture industry. However, this will
30 depend on their lipid and fatty acid composition and so this was investigated in mass
31 produced *P. redivivus* grown on *S. cerevisiae* in three different media. Live nematodes were
32 also incubated with [1-¹⁴C]-labelled fatty acids and their desaturation and elongation
33 determined. The combined results from the growth trials on different media and the
34 metabolic studies with labelled fatty acids indicated the presence of Δ9, Δ12, Δ6 and Δ5 fatty
35 acid desaturase activities, and elongase activities active towards C₁₈, C₁₆ and shorter chain
36 fatty acids. The presence of Δ15, and therefore the ability to produce n-3 polyunsaturated
37 fatty acids, was suggested by the compositional data, but could not be conclusively
38 established from metabolic studies.

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40 Keywords: live food, mass produced nematodes, fatty acid metabolism,

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41 During their early stages of development, many fish and crustacean species important for
42 marine aquaculture rely on live food organisms (Sargent et al., 1995). The most commonly
43 used live food is the brine shrimp *Artemia salina*, a small branchiopod crustacean representing
44 approximately 40% of the total aquaculture demand for live feeds for early stages (Lavens
45 and Sorgeloos, 2000). Following one of the worst harvests of recent times from the premier
46 source of *Artemia* cysts, the Great Salt Lakes in the United States, cyst production was barely
47 sufficient to satisfy the increasing demand of the rapidly growing aquaculture industry
48 (Sorgeloos et al., 2001). The lack of potential alternatives to *Artemia* may become an
49 obstacle to a further increase of aquaculture production especially in developing countries. It
50 has been shown that the free-living nematode *Panagrellus redivivus* is a suitable food for fish
51 (Kahan and Appel, 1975; Kahan et al., 1980) and crustacean larvae (Biedenbach et al., 1989;
52 Kumlu and Fletcher, 1997; Kumlu et al., 1998; Wilkenfeld et al., 1984). Although nematodes
53 have been proven to be an excellent food source, their use has not become widespread due to
54 problems involved in mass production. However, a low-cost technology for the mass
55 production of *P. redivivus* on solid medium was recently described by Ricci et al. (2003).
56 The nutritional value of nematodes can be influenced by the culture medium. For instance,
57 lipid content and fatty acid composition of nematodes can be modified by adding lipid
58 components to the culture medium (Rouse et al., 1992; Kumlu et al., 1998; Schlechtriem et
59 al., 2004a,b). *P. redivivus* cultured on simple oat-based medium were found to feed mainly
60 upon the yeast growing on the medium and possibly on the breakdown products of oats.
61 Lipids extracted from such nematodes contained highly unsaturated fatty acids (HUFA, fatty
62 acids having carbon chain lengths of $\geq C_{20}$ and with ≥ 3 double bonds; n-x signifying the
63 position of the double bond from the methyl end of the molecule) like arachidonic (20:4 n-6)
64 and eicosapentaenoic acid (20:5 n-3) although no C_{20} HUFA were found either in oats or in
65 the yeast (Sivapalan and Jenkins, 1966; Schlechtriem et al., 2004b). Similar results were
66 obtained by Lower et al. (1970) who cultured *P. redivivus* axenically (bacteria-free) on an

aqueous medium composed of heated liver extract and soy-peptone yeast. Therefore, *P. redivivus* appear to possess fatty acid desaturase and elongase activities necessary to synthesize several HUFAs from shorter chain fatty acid precursors, as previously described for the free-living nematodes *Caenorhabditis elegans* (Hutzell and Krusberg, 1982; Watts and Browse, 2002) and *Turbatrix aceti* (Rothstein and Götz, 1968; Fletcher and Krusberg, 1973). Thus, the fatty acid pattern of the nematodes is influenced by the fatty acid composition of the culture medium and the nematodes' capability to synthesize HUFAs. In this way, both factors also influence the nutritive value of *P. redivivus* as live food for first feeding fish larvae. For instance, arachidonic acid and eicosapentaenoic acid are important as structural components of membrane glycerolipids and as precursors of families of signalling molecules including prostaglandins, thromboxanes, and leukotrienes in fish (Sargent et al., 2002; Tocher, 2003). To assess the effect of endogenous HUFA biosynthesis on the fatty acid composition of *P. redivivus*, the pathway of HUFA synthesis and the complement of fatty acid desaturase/elongase enzymes must be elucidated. In addition, it was not clear from the studies above whether *P. redivivus* was able to directly synthesise polyunsaturated fatty acids (PUFA, fatty acids with two or more double bonds) *de novo*, that is, produce 18:2 n-6 from 18:1 n-9.

In the present study, the effect of different culture media on the lipid content, lipid class composition and fatty acid composition of mass produced *P. redivivus* was examined. The nematodes were grown on yeast, *Saccharomyces cerevisiae*, in three different media. One medium represented a low lipid medium with little added lipid. The other two media contained, respectively, very high 18:2 n-6 (66.8% of total fatty acids in sunflower oil), to investigate PUFA metabolism, and high medium chain saturates (10:0, 42.1% of total fatty acids in MCT oil) to investigate effects on C₁₆ and C₁₈ metabolism. Differences in the fatty acid composition of total polar and neutral lipids were analysed. To further investigate the pathway of PUFA and HUFA biosynthesis in *P. redivivus*, live nematodes were incubated

with different [1-¹⁴C]-labelled fatty acids and their further metabolism by desaturation and elongation determined.

Materials and Methods

Experimental Animals and Culture

The free-living nematode *Panagrellus redivivus* was provided by Dr. Manuele Ricci (BioTecnologie B.T. S.r.l., Pantalla di Todi, 06050, PG, Italy). Nematodes were mass produced in monoxenic solid culture (single microorganism: *Saccharomyces cerevisiae*) according to Ricci *et al.* (2003). Three different culture media were used: 1) Low lipid medium (LLM) containing 86.8% saline solution (0.8% sea salt; Tetra Marin), 1.3 peptone from soybean meal (Fluka, 70178), 0.8% yeast extract (Fluka, 70161), 10.8% wheat starch (Sigma, S-5127) and 0.2% Glucose (Riedel de Haen 16301). 2) Lipid-enriched oat-based medium (LOM; Schlechtriem *et al.* 2004b) consisting of 82.4% saline solution, 16.4% oat flour (Kölln), and 1.2% sunflower oil (Thomy, Germany). 3) Low lipid medium enriched with medium-chain triglycerides (MTM) consisting of 85.4% saline solution, 1.3% peptone from soybean meal, 0.8% yeast extract, 10.7% wheat starch, 0.2% glucose and 1.6% medium-chain triglycerides (Heess Stuttgart, 4605). Three batches of nematodes were produced per medium. After twelve days of incubation at 25°C nematodes were separated from the medium by filtering them through a coarse sieve, covered with cotton discs for manual milk filtration, which was placed in a petri-dish filled with water. Clean nematodes were obtained by passing the residue through a 105 µm plankton net to remove the yeast cells and remaining particles of the medium.

Lipid extraction and lipid class composition

Total lipid contents of nematodes and growth medium samples were determined gravimetrically after extraction by homogenization in chloroform/methanol (2:1, v/v) containing 0.01% butylated hydroxytoluene as antioxidant, basically according to Folch *et al.* (1957). Separation of lipid classes was performed by high-performance thin-layer chromatography. Approximately 10 µg of lipid extract was loaded as a 2 mm streak and the plate developed to two-thirds distance with methyl acetate/isopropanol/chloroform/methanol/0.25% aqueous KCl (25:25:25:10:9, by vol.). After drying, the plate was fully developed with isohexane/diethyl ether/acetic acid (85:15:1, by vol.). The classes were quantified by charring at 160°C for 15 min after spraying with 3% (w/v) aqueous cupric acetate containing 8% (v/v) phosphoric acid, followed by calibrated densitometry using a Shimadzu CS-9000 dual-wavelength flying spot scanner and a DR-13 recorder (Henderson and Tocher 1992).

Fatty acid analysis

Samples of total lipid (2 mg) were applied as 2 cm streaks to thin-layer chromatography plates, and polar lipids separated from neutral lipids using hexane/diethyl ether/acetic acid (90:10:1, by vol.) as developing solvent. The origin area corresponding to total polar lipids and the lane above the origin corresponding to total neutral lipids were scraped into stoppered glass test tubes for transmethylation directly on the silica (Christie, 1982). Fatty acid methyl esters of total lipid, total polar lipids, and total neutral lipids, purified as above, were prepared by acid-catalyzed transesterification using 2 ml of 1% H₂SO₄ in methanol plus 1 ml toluene as described by Christie (1982) and methyl esters extracted and purified as described previously (Tocher and Harvie, 1988). Fatty acid methyl esters were separated and quantified by gas-liquid chromatography (Fisons GC8600, Fisons Ltd., Crawley, U.K.) using a 30m x 0.32 mm capillary column (CP wax 52CB; Chrompak Ltd., London, U.K.).

Hydrogen was used as carrier gas and temperature programming was from 50°C to 180°C at 40°C/min and then to 225°C at 2°C/min. Individual methyl esters were identified by comparison to known standards and by reference to published data (Ackman, 1980).

Incubation of nematodes with [1-¹⁴C]-labelled fatty acids

Live nematodes, containing juveniles (J1-4 stages) and adults, grown on *S. cerevisiae* in LLM, were resuspended in Medium 199 and dispensed in 4ml aliquots into 25cm² tissue culture flasks. Flasks were supplemented with 0.5 µCi (approximately 100µl) of a particular [1-¹⁴C]-labelled fatty acid added as a complex with fatty acid-free bovine serum albumin (FAF-BSA) prepared in medium 199 as described previously (Ghioni *et al.*, 1997). The specific fatty acids used were [1-¹⁴C]18:0, [1-¹⁴C]18:1 n-9, [1-¹⁴C]18:2 n-6, [1-¹⁴C]18:3 n-3, [1-¹⁴C]20:3 n-6, [1-¹⁴C]20:4 n-6 and [1-¹⁴C]20:5 n-3. The suspensions were mixed carefully and incubated at 20°C for 24h. After incubation the flasks were gently rocked and the suspension of live nematodes transferred to glass conical test tubes. Each flask was washed with 1 ml of ice-cold 1% FAF-BSA in Hanks' balanced salt solution added afterwards to the test tubes. The suspensions were centrifuged (400 x g for 2 min.; ~1200rpm), the supernatants decanted and the nematodes washed again with 5 ml 1% ice-cold Hanks' balanced salt solution containing FAF-BSA. After centrifugation the pellets were used for analyses of radiolabelled fatty acids.

Assay of fatty acyl desaturation/elongation activities

Lipids were extracted from labelled nematode pellets using ice-cold chloroform/methanol (2:1, v/v) containing 0.01% (w/v) butylated hydroxytoluene essentially as described by Folch *et al.* (1957) and as described in detail previously (Tocher *et al.*, 1988). Total lipid was transmethylated and fatty acid methyl esters prepared as described above. The methyl esters were redissolved in 100 µl isohexane containing 0.01% butylated hydroxytoluene and

applied as 2.5 cm streaks to thin-layer chromatography plates impregnated by spraying with 2 g silver nitrate in 20 ml acetonitrile and pre-activated at 110 °C for 30 min. Plates were fully developed in toluene/acetonitrile (95:5, v/v) (Wilson and Sargent, 1992). Autoradiography was performed with Kodak MR2 film for 6 days at room temperature. Areas of silica containing individual PUFA were scraped into scintillation mini-vials containing 2.5 ml of scintillation fluid (Ecoscint A, National Diagnostics, Atlanta, Georgia) and radioactivity determined in a TRI-CARB 2000CA scintillation counter (United Technologies Packard, U.K.). Results were corrected for counting efficiency and quenching of ^{14}C under exactly these conditions.

Protein determination

Protein concentration in nematode suspensions was determined according to the method of Lowry *et al.* (1951) after incubation with 0.4 ml of 0.25% (w/v) SDS/1M NaOH for 45 min at 60°C.

Materials

[1- ^{14}C]18:0, [1- ^{14}C]18:1 n-9 [1- ^{14}C]18:2 n-6, [1- ^{14}C]18:3 n-3, [1- ^{14}C]20:3 n-6, [1- ^{14}C]20:4 n-6 and [1- ^{14}C]20:5 n-3, all (50-55 mCi/mmol) were obtained from NEN (DuPont (U.K.) Ltd., Stevenage, U.K.). Hanks' balanced salt solution, HEPES buffer, FAF-BSA, butylated hydroxytoluene, and silver nitrate were obtained from Sigma Chemical Co. (Poole, U.K.). Thin-layer chromatography (20 cm x 20 cm x 0.25 mm) and high-performance thin-layer chromatography plates (10 cm x 10 cm x 0.15 mm), precoated with silica gel 60 (without fluorescent indicator) were obtained from Merck (Darmstadt, Germany). All solvents were HPLC grade and were obtained from Fisher Scientific U.K., Loughborough, England.

Statistical analysis

Data recorded as percentages were arcsine-transformed to ensure a normal distribution and subjected to analysis of variance (ANOVA). Duncan's Multiple Range Test (DMRT) was used to identify differences among treatment means ($P < 0.05$) (STATISTICA 5.1 software).

Results

Fatty acid compositions of growth media components

All nematodes were produced by culture on the yeast, *Saccharomyces cerevisiae*, but in three different media. The fatty acid composition of the basic yeast contained over 50% monounsaturated fatty acids, predominantly 18:1 n-9 and 16:1 n-7, nearly 18% saturated fatty acids, predominantly 16:0, and 32% PUFA composed of over 30% 18:2 n-6, and only 1% 18:3 n-3 and virtually no HUFA (Table 1). The LLM medium contained a small amount of yeast extract which contained a similar level of monounsaturated fatty acids including 13% 24:1 n-9, but a higher level of saturates and lower PUFA, than the yeast. The main PUFA in the yeast extract was 18:2 n-6 but there was 3.6% 20:3 n-6 and a small amount of 20:5 n-3. The LOM medium contained oat flour (OAT) and sunflower oil (SFO), both of which were rich in 18:2 n-6, 40% and 67%, respectively, with the remaining fatty acids being 18:1 n-9 and saturates, with virtually no n-3 PUFA (Table 1). The MTM medium was enriched with medium-chain triglycerides (MCT) which had over 42% 10:0 in a total of 54% saturates along with 30% 18:2 n-6 and 14% 18:1 n-9 (Table 1).

*Effects of growth media on lipid content and lipid class composition of *P. redivivus**

The lipid content of *P. redivivus* grown in media supplemented with lipid was significantly increased in comparison to nematodes grown in the low lipid medium with the order being

MTM > LOM > LLM (Table 2). The increased lipid content was accompanied by increased proportions of triacylglycerol and total neutral lipid although the percentage of triacylglycerol in nematodes grown in MTM was lower than that of nematodes grown in LOM despite having a higher lipid content suggesting an increase in the absolute amount of polar lipids in *P. redivivus* grown in MTM (Table 2).

Effects of growth medium on fatty acid compositions of total lipid

Saturated fatty acids constituted 14.7% of the fatty acid content of *P. redivivus* grown on yeast in the low lipid medium, with 18:0 exceeding 16:0, and around 24% monounsaturated fatty acids, mainly 18:1 n-7 (12.4%) and 18:1 n-9 (7.6%) (Table 3). However, around 44% of all fatty acids were n-6PUFA, specifically 13.8% 18:2 n-6, 13.4% 20:3 n-6 and 15.8% 20:4 n-6, with 8% n-3PUFA, mainly 20:5 n-3, giving an n-6/n-3 ratio of 5.5. The remaining fatty chains (9%) were dimethyl acetals (DMA) produced as a result of transmethylation of the ether-linked chains in the *sn-1* position plasmalogen phospholipids. Growth in LOM resulted in significantly increased proportions of 18:2 n-6 and 18:1 n-9 with concomitantly decreased proportions of 18:1 n-7, 20:3 n-6, 20:4 n-6, n-3PUFA and dimethylacetals (Table 3).

The proportion of saturated fatty acids in total fatty acids was slightly lower in nematodes grown on LOM, whereas it was significantly increased in nematodes grown in MTM, compared to growth in LLM (Table 3). Growth in both lipid-supplemented media resulted in the level of 16:0 exceeding that of 18:0 compared to nematodes grown in LLM. Saturated fatty acids after growth in MTM also resulted in higher proportions of shorter chain fatty acids in total fatty acids, including 14:0, 12:0 and 10:0, but also 18:1 n-7, 18:1 n-9 and 16:1 n-7 with decreased proportions of 18:0, 20:3 n-6, 20:4 n-6 and DMA. The proportion of 18:2 n-6 and n-3PUFA in total fatty acids were not greatly affected by growth in MTM compared to growth in LLM (Table 3).

Effects of growth medium on fatty acid compositions of polar and neutral lipids

The polar lipid of *P. redivivus* grown in LLM contained higher proportions of n-6PUFA and n-3PUFA and lower proportions of saturated and monounsaturated fatty acids compared to neutral lipids (Table 4). Growth in LOM increased the proportion of 18:2 n-6 in both polar and neutral lipids whereas the increased 18:1 n-9 was only observed in neutral lipids. The proportions of 20:3 n-6, 20:4 n-6 and 20:5 n-3 and total n-3PUFA were reduced in both polar and neutral lipids in nematodes grown in LOM compared to growth in LLM (Table 4). In contrast, the fatty acid composition of polar lipids of nematodes grown in MTM were relatively unaffected by growth in MTM compared to growth in LLM (Table 4). However, the proportions of saturated and monounsaturated fatty acids were increased, and those of n-6 and n-3PUFA decreased, in *P. redivivus* grown in MTM compared to growth in LLM (Table 4).

Consistent features observed, irrespective of growth medium, were that 18:0 exceeded 16:0 in polar lipids, whereas the opposite was the case in neutral lipids, and similarly 18:1 n-7 always exceeded 18:1 n-9 in polar lipids whereas this ratio was affected by medium composition (diet) in neutral lipids (Table 4). DMA were only found in polar lipids, reflecting their origin from ether-linked phospholipid classes and their levels were relatively unaffected by growth medium.

Metabolism of ¹⁴C-labelled fatty acids in P. redivivus

Total lipid was extracted from *P. redivivus* after incubation with radiolabelled fatty acids. Approximately 25% of the radioactivity from [1-¹⁴C]18:0 was recovered in other fatty acid fractions with approximately 15% recovered as monounsaturated fatty acids (16:1, 18:1 and 20:1) and 10% recovered as polyunsaturated fatty acids, predominantly 18:2 n-6 (Table 5). The primary fate of radioactivity from [1-¹⁴C]18:1 n-9 was as 18:2 n-6 although radioactivity was recovered in other PUFA as well as the elongation product 20:1 and

saturated (18:0/16:0) and shorter chain fatty acids (16:1 n-7). After incubation of *P. redivivus* with [1-¹⁴C]18:2 n-6 or [1-¹⁴C]18:3 n-3, the recovery of radioactivity was primarily in saturated and monounsaturated, including shorter chain, fatty acids, totaling around 27% and 47%, respectively (Table 5).

However, approximately 5% of the radioactivity from each of [1-¹⁴C]18:2 n-6 or [1-¹⁴C]18:3 n-3 was recovered in further desaturated fatty acid products. Incubation of *P. redivivus* with the radiolabelled HUFA resulted in 21%, 28% and 46% of the radioactivity from [1-¹⁴C]20:3 n-6, [1-¹⁴C]20:4 n-6 and [1-¹⁴C]20:5 n-3, respectively, being recovered as saturated, monounsaturated and shorter chain fatty acids (Table 5). Approximately, 6.5%, 7.2% and 2.5% of the radioactivity from [1-¹⁴C]20:3 n-6, [1-¹⁴C]20:4 n-6 and [1-¹⁴C]20:5 n-3, respectively, was recovered in further desaturated products.

Discussion

The fatty acid composition of total lipid of *P. redivivus* grown on *S. cerevisiae* in LLM (Table 3) shows some interesting features such as 18:0 > 16:0 and 18:1 n-7 > 18:1 n-9, the opposite to the situation in higher animals, and in the yeast on which it was grown in which 16:0 and 18:1 n-9 both greatly exceeded 18:0 and 18:1 n-7, respectively. The composition of all the other media components were the same as the yeast in this respect (Table 1) which was most interesting, as 18:0 > 16:0 and 18:1 n-7 > 18:1 n-9 was consistently observed in the polar lipid fraction of *P. redivivus*, representative of the membrane lipids, irrespective of medium or diet. In contrast, the fatty acid composition of the neutral lipids did not show the same characteristic pattern in the saturated fatty acids (as 16:0 > 18:0) but 18:1 n-7 did exceed 18:1 n-9, although this could be changed by diet as shown with the LOM medium (oatmeal and sunflower oil) which was rich in 18:1 n-9. Therefore, the pattern of 18:0 > 16:0 and 18:1 n-7 > 18:1 n-9 are inherent features of *P. redivivus*. This appears to extend to

related nematodes such as *Caenorhabditis elegans*, which also shows this pattern (Hutzell and Krusberg, 1982; Tanaka *et al.*, 1996). In the former study, *C. elegans* were grown on a liver extract/yeast extract/soy peptone medium that was devoid of 18:1 n-7, although 18:0 exceeded 16:0, whereas in the latter study, *C. elegans* were grown on *E.coli* in which 18:1 n-7 was the predominant monoene, but 16:0 and not 18:0 was the main saturated fatty acid, but in both cases *C. elegans* maintained the 18:0 > 16:0 and 18:1 n-7 > 18:1 n-9 pattern despite the “dietary” influence.

The data obtained from the experiments with radioactively labelled fatty acids clearly show that a major fate of each of the fatty acids was β -oxidation. This is the explanation for the radioactivity that was recovered in fatty acids with shorter chain lengths, or more saturated, than the labelled substrate fatty acid as one round of β -oxidation would remove the labelled carbon from the fatty acid in [1-¹⁴C]-labelled fatty acids. Thus, with [1-¹⁴C]18:0, over 4% of radioactivity was recovered in 16:1 n-7 indicating that 18:0 was also metabolised by β -oxidation to produce ¹⁴C-labelled acetyl-CoA which was recycled by fatty acid synthase (FAS), or an elongase, producing labelled 16:0 (although this could not be resolved from 18:0 by the chromatographic procedure) which was subsequently desaturated to 16:1 n-7. It was noteworthy that within a chain length (C₁₈ or C₂₀) the amount of radioactivity recovered as recycled fatty acid products increased with increasing unsaturation of the labelled substrate fatty acid suggesting that *P. redivivus* may prefer to β -oxidise PUFA compared to saturated and monounsaturated fatty acids. However, it could be that lower amounts of labelled acetyl-CoA were recycled with 18:0 or 18:1 n-9 than with PUFA as the data are expressed as percentages of recovered fatty acids. Although differences in recycling cannot be discounted, recoveries were generally comparable between the different fatty acids suggesting that it cannot be a full explanation.

The data clearly suggest that *P. redivivus* express a wide range of desaturation and elongation activities. In interpreting the data in the present study, it is necessary to be familiar with the

pathways for synthesis of HUFA and the range of desaturases that are commonly found in either plants or animals (see Fig.1; note that this figure is not representative of any one species). Production of labelled 18:1 n-9 from [1-¹⁴C]18:0 and of 16:1 n-7, presumably arising by desaturation of 16:0, labelled as a result of recycling (see above) indicates Δ^9 desaturase activity. Production of 18:2 n-6 from [1-¹⁴C]18:1 n-9 indicates significant Δ^{12} desaturase activity. The presence of a Δ^{15} (or n-3) desaturase activity (responsible for the production of 18:3 n-3 from 18:2 n-6 in plants) is more difficult to establish as it is not possible to distinguish between 18:3 n-3 (Δ^{15} product) and 18:3 n-6 (a Δ^6 desaturase product) and the same applies to all similar pairs such as 20:3 n-6/20:3 n-3 or 20:4 n-6/20:4 n-3. The fatty acid composition data obtained from the growth media studies suggested that *P. redivivus* may express Δ^{15} desaturase activity as significant amounts of n-3 fatty acids, especially 20:5 n-3, were present despite these being very low in the growth media. However, growth in LOM, containing very high 18:2 n-6, did not result in increased levels of 18:3 n-3 or n-3 PUFA, with the proportion of 20:5 n-3 significantly decreasing in all lipid classes. In contrast, the presence of Δ^6 desaturase activity is strongly suggested by the recovery of radioactivity as 18:4 n-3 when *P. redivivus* was incubated with [1-¹⁴C]18:3 n-3 suggesting that at least some of the radioactivity recovered in 18:3 when *P. redivivus* was incubated with [1-¹⁴C]18:2 n-6 will be 18:3 n-6, the Δ^6 product.

The data obtained from *P. redivivus* incubated with [1-¹⁴C]18:3 n-3 were also consistent with the presence of a Δ^5 desaturase activity. This is because there is no known pathway for conversion of 18:3 n-3 into n-6 fatty acids such as 20:4 n-6 or 22:5 n-6 and it is unlikely for the amounts of radioactivity recovered in these fractions to have arisen solely from recycling. Thus, the radioactivity recovered from [1-¹⁴C]18:3 n-3 is almost certain to be as 20:4 n-3 and 20:5 n-3 indicating the presence of Δ^5 desaturase (20:4 n-3 to 20:5 n-3). However, the best evidence for significant Δ^5 activity is the high level of 20:4 n-6 in *P. redivivus* grown on *S. cerevisiae* in LLM as neither the yeast nor the yeast extract contained any significant

349 amount of 20:4 n-6 suggesting its presence in the nematode was the result of $\Delta 5$ action on
350 20:3 n-6 either supplied directly or as a result of $\Delta 6$ desaturation and elongation of 18:2 n-6.
351 In comparison to $\Delta 5$ activity, where supporting evidence for significant activity can be
352 demonstrated, support for $\Delta 6^*$ activity is lacking. The presence of 22:6 n-3 was not observed
353 in *P. redivivus* under any conditions suggesting that the recovery of traces of radioactivity in
354 the position corresponding to 22:6 n-3 was due to an unknown component or artifactual. The
355 predominant n-3 fatty acid and, indeed, the most abundant fatty acid in *C. elegans*
356 phospholipids grown on *E. coli* was 20:5 n-3, and no 22:6 n-3 was reported (Tanaka *et al.*,
357 1996). Similarly, 20:5 n-3 was the most abundant C₂₀ HUFA in *Steinernema carpocapsae*
358 when grown on artificial diet supplemented with lard or linseed oil, and no 22:6 n-3 was
359 found (Fodor *et al.*, 1994).

360 The presence of a $\Delta 12$ activity in an animal like *P. redivivus* is not without precedent. In an
361 earlier study, a *Caenorhabditis elegans* cDNA encoding a $\Delta 12$ fatty acid desaturase was
362 identified and characterized (Peyou-Ndi *et al.*, 2000).

363 Although we found no unequivocal evidence for a $\Delta 15$ (n-3) desaturase activity in *P.*
364 *redivivus*, genes for all the fatty acid desaturases required to produce 20:5 n-3 and 20:4 n-6,
365 including $\Delta 9$, $\Delta 12$, $\Delta 15$ /n-3, $\Delta 6$ and $\Delta 5$, have been identified in the genome of *C. elegans*
366 (Napier and Michaelson, 2001). The cDNAs for some of these *C. elegans* genes including the
367 n-3 ($\Delta 15$) (Spychalla *et al.*, 1997), $\Delta 6$ (Napier *et al.*, 1998) and $\Delta 5$ desaturases (Michaelson
368 *et al.*, 1998; Watts and Browse, 1999) have been cloned and functionally characterized.
369 Interestingly, the *C. elegans* $\Delta 15$ desaturase was actually revealed to be an $\omega 3$ desaturase as
370 it desaturated both C₁₈ and C₂₀ n-6 substrates to the corresponding n-3 fatty acids (Spychalla
371 *et al.*, 1997).

372 Increased levels of 14:0 and 16:0 in *P. redivivus* cultured in MTM is evidence for elongation
373 of 10:0 through to 16:0. The presence of C₁₈₋₂₀ elongase activity was also clearly
374 demonstrated by the recovery of significant amounts of radioactivity as 20:1 when *P.*

375 *redivivus* was incubated with [1-¹⁴C]18:0 or [1-¹⁴C]18:1 n-9. However, the elongase activity
376 towards C₂₀ fatty acids would not appear to be as high as towards shorter chain substrates.
377 This is confirmed by the fatty acid composition data that showed very little evidence for C₂₂
378 fatty acids in *P. redivivus* under any conditions. An enzyme catalyzing the elongation of fatty
379 acids, ELO-1, has been cloned and functional characterised from the nematode *C. elegans*,
380 and heterologous expression in yeast showed it was predominantly active on C₁₈ PUFA with
381 virtually no activity towards C₂₀ PUFA (Beaudoin *et al.*, 2000, Watts and Browse, 2002).
382 ELO-1 functions together with ELO-2 a predicted *C. elegans* enzyme with fatty acid
383 elongation activity apparently towards C₁₆:0 (Kniazeva *et al.* 2003).
384 The data from the metabolic studies using radiolabelled fatty acids can perhaps help to
385 explain the characteristic “normal” fatty acid composition of *P. redivivus* with 18:0 > 16:0
386 and 18:1n7 > 18:1 n-9 as discussed above. A possible explanation is that the desaturase and
387 elongase enzymes are more efficient with C₁₆ compared to C₁₈ fatty acids, and therefore,
388 16:0, produced by fatty acid synthetase, is readily desaturated to 16:1 n-7 and elongated to
389 18:0 and that subsequent elongation of 16:1 n-7 to 18:1 n-7 is more efficient than
390 desaturation of 18:0 to 18:1 n-9. The result of these differential activities being that 18:0 and
391 18:1 n-7 tend to accumulate more than 16:0 and 18:1 n-9. Growth in medium such as LOM,
392 with very high 18:1 n-9 from oatmeal and sunflower oil, increases triacylglycerol rich in 18:1
393 n-9, thus reversing the ratio of 18:1 n-9 to 18:1 n-7 in neutral lipid. In contrast, MTM is
394 characterized by high saturated fatty acids, particularly 10:0 which is presumably efficiently
395 elongated to 16:0 in *P. redivivus*, greatly increasing 16:0 and reversing the 18:0 to 16:0 ratio,
396 but also increasing production of 18:1 n-7 through conversion of 16:0 to 16:1 n-7 to 18:1 n-7
397 and so 18:1 n-7 still exceeds in both polar and neutral lipid in *P. redivivus* grown in MTM.
398 In summary the results have indicated the presence in *P. redivivus* of Δ9, Δ12, Δ6 and Δ5
399 fatty acid desaturase activities, and elongase activities active towards C₁₈, C₁₆ and shorter
400 chain fatty acids. The data suggested that elongation and Δ9 desaturation were more active

towards C₁₆ than C₁₈ fatty acids, as the predominant saturated and monounsaturated fatty acids in *P. redivivus* were 18:0 and 18:1 n-7, rather than 16:0 and 18:1 n-9 normally found in higher animals. The fatty acid compositional data suggested that *P. redivivus* may have the ability to produce n-3PUFA *de novo*, indicating the presence of a Δ 15 fatty acid desaturase, but this could not be conclusively established from the metabolic studies. Previous studies suggested that *P. redivivus* could be a useful live food for aquaculture, as it can be mass produced with fatty acid compositions specifically tailored to the particular aquaculture organism (Schlechtriem *et al.*, 2004a, b). However, the *de novo* production of n-3PUFA requires to be further investigated in order to determine whether tailoring can be achieved with purely plant-based products.

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Table 1. Fatty acid composition (percentage of total fatty acid by weight) of lipid-containing ingredients of media for culture of the nematode *Panagrellus redivivus*.

Fatty acid/treatment	Yeast	YE	SFO	OAT	MCT
8:0	nd	nd	nd	nd	0.9
10:0	nd	nd	nd	nd	42.1
12:0	nd	nd	nd	nd	2.8
14:0	0.6	1.9	0.1	0.2	0.2
15:0	0.2	1.3	tr	nd	0.3
16:0	13.8	19.1	6.0	16.3	5.6
18:0	3.0	5.4	4.3	1.5	1.9
20:0	nd	0.5	0.2	0.1	nd
Total saturated	17.7	28.2	10.7	18.1	53.7
16:1 n-9	nd	1.9	nd	nd	nd
16:1 n-7	13.4	5.4	0.1	0.2	0.2
18:1 n-9	33.9	24.0	21.4	38.8	14.4
18:1 n-7	1.4	1.5	nd	nd	0.4
20:1 n-11	nd	nd	0.1	nd	nd
20:1 n-9	0.6	1.9	0.1	0.8	0.2
20:1 n-7	nd	0.2	nd	nd	nd
22:1	0.3	2.2	0.7	0.1	nd
24:1 n-9	0.6	13.1	0.1	0.2	0.6
Total monounsaturated	50.3	50.3	22.4	40.1	15.8
18:2 n-6	30.4	14.6	66.8	40.4	29.9
18:3 n-6	nd	0.7	nd	nd	nd
20:2 n-6	nd	0.4	nd	nd	nd
20:3 n-6	0.3	3.6	nd	nd	0.4
20:4 n-6	nd	0.3	nd	nd	nd
Total n-6 PUFA	30.7	19.6	66.8	40.4	30.3
18:3 n-3	1.2	0.8	0.1	1.3	0.2
18:4 n-3	nd	0.3	nd	nd	nd
20:4 n-3	nd	0.2	nd	0.0	nd
20:5 n-3	0.1	0.5	tr	0.1	nd
22:6 n-3	nd	nd	nd	nd	nd
Total n-3 PUFA	1.3	1.9	0.1	1.4	0.2
Total PUFA	32.0	21.5	66.9	41.8	30.5
n-6/n-3	23.6	10.3	668.0	28.9	151.5

Results are means of duplicate analyses. Yeast, *Saccharomyces cerevisiae*; YE, yeast extract; SFO, sunflower oil; OAT, oat flour; MCT, medium-chain tryglycerides; nd, not detected; PUFA, polyunsaturated fatty acids.

Table 2. Lipid content (mg lipid/ g dry mass) and lipid class compositions (percentage of total lipid) of *Panagrellus redivivus* grown on different culture media

	LLM			LOM			MTM		
Lipid content	13.3	± 0.8	^c	23.0	± 0.4	^b	29.0	± 1.0	^a
<u>Lipid class</u>									
Choline phosphoglycerides	19.7	± 0.0	^a	8.3	± 0.1	^c	15.8	± 0.8	^b
Ethanolamine phosphoglycerides	20.9	± 0.6	^a	12.4	± 0.2	^c	15.4	± 0.6	^b
Serine phosphoglycerides	6.6	± 0.2	^a	3.1	± 0.1	^c	4.5	± 0.1	^b
Inositol phosphoglycerides	4.6	± 0.1	^a	3.1	± 0.1	^c	3.9	± 0.1	^b
PG/CL/PA	6.0	± 0.3	^a	0.1	± 0.1	^c	4.8	± 0.4	^b
Sphingomyelin	3.3	± 0.1	^a	1.6	± 0.1	^c	2.3	± 0.0	^b
Total polar	61.0	± 0.3	^a	28.6	± 0.4	^c	46.7	± 1.5	^b
Total neutral	39.0	± 0.3	^c	71.4	± 0.4	^a	53.3	± 1.5	^b
Sterol	12.7	± 0.6	^a	10.3	± 0.4	^b	3.3	± 0.2	^c
Triacylglycerol	22.7	± 0.5	^c	56.4	± 1.0	^a	45.4	± 1.3	^b
Free fatty acids	1.2	± 0.6	^a	1.0	± 0.2	^a	0.9	± 0.8	^a
Sterol esters	2.4	± 0.1	^b	3.7	± 0.3	^a	3.6	± 0.4	^a

Results are means ± S.D. (n=3). Significance of differences between means were determined by one-way ANOVA followed, where appropriate, by Tukey's multiple comparison test as described in the Materials and Methods. Values within a row with a different superscript letter are significantly different (P<0.05). LLM, low lipid medium; LOM, lipid enriched oat based medium; MTM, medium chain triglyceride medium; PG, phosphatidylglycerol; CL, cardiolipin; PA, phosphatidic acid;.

557 Table 3. Fatty acid composition (percentage of total fatty acids) of *Panagrellus redivivus*
558 grown on different culture media.
559

Fatty acid	LLM			LOM			MTM		
10:0	nd ^b			nd ^b			0.3	± 0.1	a
12:0	nd ^b			nd ^b			0.9	± 0.1	a
14:0	0.9	± 0.0	b	0.4	± 0.0	c	3.6	± 0.2	a
15:0	0.1	± 0.0	a	0.1	± 0.0	a	0.1	± 0.1	a
16:0	6.1	± 0.2	b	6.2	± 0.1	b	8.5	± 0.5	a
18:0	7.0	± 0.1	a	4.6	± 0.1	b	4.7	± 0.3	b
20:0	0.3	± 0.0	a	0.2	± 0.0	b	0.1	± 0.0	b
24:0	0.3	± 0.0	a	0.1	± 0.0	b	0.3	± 0.1	a
Total saturated	14.7	± 0.2	b	11.6	± 0.2	c	18.6	± 1.2	a
16:1 n-7	2.0	± 0.1	b	2.0	± 0.0	b	4.6	± 0.1	a
18:1 n-9	7.6	± 0.3	c	15.3	± 0.2	a	10.5	± 0.8	b
18:1 n-7	12.4	± 0.3	b	4.7	± 0.1	c	20.1	± 0.6	a
20:1 n-9	0.4	± 0.1	a	0.4	± 0.0	a	0.2	± 0.0	b
20:1 n-7	0.4	± 0.0	b	0.1	± 0.0	c	0.5	± 0.0	a
22:1	0.7	± 0.0	a	0.4	± 0.0	b	0.1	± 0.0	c
24:1 n-9	0.3	± 0.3	a	0.1	± 0.0	a	0.1	± 0.1	a
Total monoenes	23.9	± 0.2	b	23.0	± 0.2	b	36.2	± 1.1	a
18:2 n-6	13.8	± 0.1	b	45.4	± 0.1	a	13.1	± 0.3	c
18:3 n-6	0.7	± 0.0	c	1.1	± 0.0	a	1.0	± 0.1	b
20:2 n-6	0.8	± 0.0	b	2.6	± 0.0	a	0.4	± 0.0	c
20:3 n-6	13.4	± 0.1	a	4.4	± 0.1	c	9.0	± 0.3	b
20:4 n-6	15.8	± 0.1	a	5.6	± 0.1	c	10.3	± 0.4	b
Total n-6PUFA	44.4	± 0.2	b	59.1	± 0.3	a	33.7	± 0.9	c
18:3 n-3	0.3	± 0.0	b	1.1	± 0.0	a	0.2	± 0.0	c
18:4 n-3	0.1	± 0.0	a	0.1	± 0.0	a	0.1	± 0.0	b
20:4 n-3	0.3	± 0.0	a	0.1	± 0.0	c	0.2	± 0.0	b
20:5 n-3	7.2	± 0.2	a	1.9	± 0.1	c	6.1	± 0.1	b
22:6 n-3	nd			nd			nd		
Total n-3PUFA	8.0	± 0.2	a	3.2	± 0.1	c	6.6	± 0.1	b
16:0DMA	0.4	± 0.0	a	0.1	± 0.0	c	0.3	± 0.0	b
18:0DMA	8.4	± 0.4	a	3.0	± 0.1	b	4.6	± 1.7	b
18:1DMA	0.2	± 0.0	a	nd ^c			0.1	± 0.0	b
Total DMA	9.0	± 0.4	a	3.1	± 0.1	b	5.0	± 1.7	b
Total PUFA	52.5	± 0.3	b	62.3	± 0.4	a	40.3	± 1.0	c
n-6/n-3	5.5	± 0.2	b	18.4	± 0.5	a	5.1	± 0.1	b

560
561 Results are means ± S.D. (n=3). Significance of differences between means were determined
562 by one-way ANOVA followed, where appropriate, by Tukey's multiple comparison test as

563 described in the Materials and Methods. Values within a row with a different superscript letter
564 are significantly different ($P < 0.05$). nd, not detected; LLM, lipid-free medium; LOM, lipid
565 enriched oat based medium; MTM, medium-chain triglyceride medium; nd, not detected;
566 PUFA, polyunsaturated fatty acids; DMA, dimethylacetals.
567

567 Table 4. Fatty acid compositions (percentage of total fatty acids) of total polar and total
568 neutral lipids from *Panagrellus redivivus* grown on different culture media.
569

	Polar lipids			Neutral lipids		
	LLM	LOM	MTM	LLM	LOM	MTM
10:0	nd	nd	nd	nd	nd	0.3 ± 0.1 ^a
12:0	nd	nd	nd	nd	nd	1.6 ± 0.1 ^a
14:0	0.3 ± 0.0 ^b	0.3 ± 0.0 ^b	0.8 ± 0.0 ^a	2.7 ± 0.1 ^b	0.5 ± 0.0 ^c	6.6 ± 0.2 ^a
15:0	0.1 ± 0.0 ^a	0.0 ± 0.0 ^b	0.1 ± 0.0 ^{ab}	0.3 ± 0.0 ^a	0.1 ± 0.0 ^c	0.2 ± 0.0 ^b
16:0	4.1 ± 0.0 ^b	4.3 ± 0.1 ^b	4.6 ± 0.2 ^a	10.4 ± 0.3 ^b	6.5 ± 0.1 ^c	13.2 ± 0.4 ^a
18:0	8.4 ± 0.4 ^b	10.4 ± 0.1 ^a	7.9 ± 0.2 ^b	3.8 ± 0.4 ^a	2.7 ± 0.0 ^b	2.5 ± 0.1 ^b
20:0	0.3 ± 0.0 ^a	0.3 ± 0.0 ^{ab}	0.3 ± 0.0 ^b	0.1 ± 0.0 ^a	0.1 ± 0.0 ^a	0.1 ± 0.1 ^a
22:0	0.6 ± 0.0 ^a	0.7 ± 0.2 ^a	0.5 ± 0.1 ^a	0.2 ± 0.1 ^a	0.2 ± 0.0 ^a	0.1 ± 0.1 ^b
Total saturated	13.8 ± 0.5 ^b	16.0 ± 0.3 ^a	14.1 ± 0.4 ^b	17.6 ± 0.6 ^b	10.2 ± 0.1 ^c	24.4 ± 0.9 ^a
16:1 n-9	0.1 ± 0.0 ^a	0.1 ± 0.0 ^b	0.1 ± 0.0 ^c	0.4 ± 0.0 ^a	0.4 ± 0.0 ^a	0.4 ± 0.1 ^a
16:1 n-7	1.2 ± 0.0 ^a	0.6 ± 0.0 ^c	1.0 ± 0.1 ^b	4.3 ± 0.1 ^b	2.5 ± 0.0 ^c	8.2 ± 0.0 ^a
18:1 n-9	5.2 ± 0.1 ^a	4.8 ± 0.1 ^{ab}	4.5 ± 0.4 ^b	16.8 ± 0.4 ^b	18.6 ± 0.1 ^a	16.8 ± 0.6 ^b
18:1 n-7	10.9 ± 0.5 ^b	5.2 ± 0.1 ^c	14.2 ± 0.0 ^a	20.9 ± 0.4 ^b	4.8 ± 0.0 ^c	28.0 ± 0.1 ^a
20:1 n-9	0.3 ± 0.0 ^a	0.3 ± 0.0 ^a	0.2 ± 0.1 ^a	0.7 ± 0.0 ^a	0.5 ± 0.0 ^b	0.3 ± 0.0 ^c
20:1 n-7	0.4 ± 0.0 ^a	0.2 ± 0.0 ^b	0.4 ± 0.0 ^a	0.7 ± 0.0 ^b	0.1 ± 0.0 ^c	0.8 ± 0.0 ^a
22:1	0.2 ± 0.1 ^a	0.1 ± 0.2 ^a	0.1 ± 0.1 ^a	0.5 ± 0.1 ^a	0.1 ± 0.0 ^b	0.1 ± 0.1 ^b
24:1 n-9	0.2 ± 0.1 ^a	0.2 ± 0.1 ^a	0.1 ± 0.1 ^a	nd	nd	nd
Total monoenes	18.5 ± 0.7 ^b	11.5 ± 0.3 ^c	20.7 ± 0.5 ^a	44.3 ± 0.9 ^b	26.9 ± 0.2 ^c	54.5 ± 0.8 ^a
18:2 n-6	13.7 ± 0.3 ^c	25.8 ± 0.2 ^a	14.7 ± 0.1 ^b	16.8 ± 0.4 ^b	52.0 ± 0.1 ^a	10.9 ± 0.5 ^c
18:3 n-6	0.6 ± 0.0 ^b	0.6 ± 0.0 ^b	0.9 ± 0.0 ^a	1.1 ± 0.1 ^a	1.2 ± 0.0 ^a	0.8 ± 0.1 ^b
20:2 n-6	0.7 ± 0.0 ^b	2.7 ± 0.0 ^a	0.5 ± 0.0 ^b	0.9 ± 0.0 ^b	2.4 ± 0.0 ^a	0.4 ± 0.0 ^c
20:3 n-6	15.7 ± 0.1 ^a	11.4 ± 0.2 ^c	14.7 ± 0.0 ^b	5.0 ± 0.3 ^a	1.8 ± 0.0 ^c	2.5 ± 0.2 ^b
20:4 n-6	17.0 ± 0.3 ^a	12.6 ± 0.2 ^c	15.1 ± 0.3 ^b	8.1 ± 0.5 ^a	2.9 ± 0.0 ^c	3.6 ± 0.3 ^b
22:4 n-6	0.2 ± 0.1 ^a	0.1 ± 0.1 ^a	0.1 ± 0.1 ^a	0.0 ± 0.1 ^a	nd ^a	nd ^a
Total n-6 PUFA	48.0 ± 0.3 ^b	53.2 ± 0.4 ^a	46.0 ± 0.4 ^c	32.0 ± 1.1 ^b	60.2 ± 0.2 ^a	18.3 ± 1.1 ^c
18:3 n-3	0.3 ± 0.0 ^b	0.5 ± 0.0 ^a	0.2 ± 0.0 ^c	0.8 ± 0.4 ^b	1.4 ± 0.1 ^a	0.5 ± 0.1 ^b
18:4 n-3	0.2 ± 0.0 ^b	0.2 ± 0.0 ^a	0.1 ± 0.0 ^c	0.0 ± 0.1 ^a	0.1 ± 0.0 ^a	0.1 ± 0.1 ^a
20:3 n-3	nd	nd	nd	0.4 ± 0.1 ^a	0.1 ± 0.0 ^b	nd ^c
20:4 n-3	0.4 ± 0.0 ^a	0.3 ± 0.0 ^b	0.5 ± 0.1 ^a	0.2 ± 0.0 ^a	0.1 ± 0.0 ^a	0.1 ± 0.1 ^a
20:5 n-3	6.8 ± 0.3 ^b	3.9 ± 0.0 ^c	7.9 ± 0.2 ^a	4.0 ± 0.3 ^a	1.1 ± 0.0 ^c	2.1 ± 0.3 ^b
22:6 n-3	nd	nd	nd	nd	nd	nd
Total n-3 PUFA	7.8 ± 0.3 ^b	4.9 ± 0.1 ^c	8.7 ± 0.3 ^a	5.3 ± 0.5 ^a	2.8 ± 0.1 ^b	2.8 ± 0.2 ^b
16:0DMA	0.3 ± 0.0 ^b	0.1 ± 0.0 ^c	0.4 ± 0.0 ^a	nd	nd	nd
18:0DMA	11.5 ± 1.0 ^b	14.2 ± 0.4 ^a	9.9 ± 0.3 ^c	0.8 ± 0.5 ^a	nd ^b	nd ^b
18:1DMA	0.2 ± 0.0 ^a	0.0 ± 0.1 ^b	0.2 ± 0.0 ^a	nd	nd	nd
Total DMA	12.0 ± 1.0 ^b	14.4 ± 0.5 ^a	10.5 ± 0.3 ^c	0.8 ± 0.5 ^a	nd ^b	nd ^b
Total PUFA	55.8 ± 0.4 ^b	58.1 ± 0.5 ^a	54.7 ± 0.7 ^b	37.4 ± 1.2 ^b	68.0 ± 0.3 ^a	21.1 ± 1.3 ^c
n-3/n-6	6.2 ± 0.2 ^b	10.8 ± 0.2 ^a	5.3 ± 0.2 ^c	6.0 ± 0.6 ^b	21.8 ± 0.8 ^a	6.5 ± 0.2 ^b

570
571 Results are means ± S.D. (n=3). Significance of differences between meanswere determined
572 by one-way ANOVA followed, where appropriate, by Tukey’s multiple comparison test as

573 described in the Materials and Methods. Values within a row with a different superscript letter
574 are significantly different ($P<0.05$). LLM, low lipid medium; LOM, lipid enriched oat based
575 medium; MTM, medium chain triglyceride medium; DMA, dimethyl acetals; nd, not detected;
576 PUFA, polyunsaturated fatty acids.

577

577 Table 5. Metabolism of ¹⁴C-labelled fatty acids by *Panagrellus redivivus*
578

Fatty acid	[1- ¹⁴ C]18:0		[1- ¹⁴ C]18:1 n-9		[1- ¹⁴ C]18:2 n-6		[1- ¹⁴ C]18:3 n-3	
18:0 (16:0)	74.9	± 2.8	6.7	± 1.0	11.9	± 0.5	18.5	± 0.7
16:1 n-7	4.2	± 1.1	2.0	± 1.6	7.0	± 0.4	11.3	± 0.3
18:1 n-9	6.0	± 0.4	67.4	± 2.0	8.5	± 0.1	12.7	± 0.2
20:1	5.4	± 2.1	3.9	± 0.9	2.1	± 0.2	2.0	± 0.4
18:2 n-6	4.7	± 0.1	14.4	± 1.1	62.5	± 1.2	1.4	± 0.3
20:2 n-6	0.9	± 0.2	1.8	± 1.1	2.6	± 0.3	0.7	± 0.1
18:3(n-6/n-3)	0.6	± 0.1	1.2	± 0.1	1.2	± 0.9	46.6	± 1.4
18:4 n-3	0.2	± 0.0	0.1	± 0.0	0.5	± 0.3	1.7	± 0.1
20:3(n-6/n-3)	1.9	± 0.3	1.3	± 0.3	2.1	± 0.3	2.0	± 0.3
20:4 (n-6/n-3)	0.5	± 0.1	0.7	± 0.1	0.8	± 0.3	1.6	± 0.2
20:5 n-3/22:5(n-3/n-6)	0.2	± 0.0	0.3	± 0.1	0.4	± 0.4	0.6	± 0.0
22:6 n-3 ?	0.4	± 0.1	0.3	± 0.0	0.2	± 0.1	0.8	± 0.1
			[1- ¹⁴ C]20:3 n-6		[1- ¹⁴ C]20:4 n-6		[1- ¹⁴ C]20:5 n-3	
Saturated fatty acids			9.1	± 1.4	10.2	± 0.3	18.7	± 1.2
16:1			6.4	± 1.1	8.6	± 1.3	12.3	± 0.3
18:1			4.4	± 1.4	6.7	± 1.2	11.5	± 1.0
18:2 n-6			1.1	± 0.2	1.0	± 0.4	1.2	± 0.2
20:3(n-6/n-3)			72.5	± 3.4	1.9	± 0.2	0.9	± 0.3
20:4(n-6/n-3)			4.0	± 0.5	64.4	± 1.1	2.1	± 0.8
20:5 n-3/22:5(n-6/n-3)			1.1	± 0.1	4.3	± 0.5	50.8	± 0.0
22:6 n-3 ?			1.4	± 0.7	2.9	± 0.6	2.5	± 1.4

579
580
581 The data represent the amount of radioactivity recovered in each of the fatty acid fractions
582 indicated in column one after incubation of *Panagrellus redivivus* for 24 hr with the [1-¹⁴C]-
583 labelled fatty acids as indicated. Results are reported as a percentage of the total
584 radioactivity recovered and are means ± S.D. of three separate experiments. The percentage
585 of radioactivity recovered unmetabolised (i.e. as the supplemented fatty acid) is highlighted
586 in bold in each column.
587

Figure legends

Figure 1. Pathways of biosynthesis of C₂₀ and C₂₂ HUFA from n-3, n-6 and n-9 C₁₈ precursors as determined in rat liver (Sprecher *et al.*, 1995) and rainbow trout hepatocytes (Buzzi *et al.*, 1996, 1997). Δ5, Δ6, Δ6*, Δ9, Δ12, Δ15, Fatty acyl desaturases; Elong, Fatty acyl elongases; Short, chain shortening. Δ9 desaturase is found in all animals and plants whereas Δ12 and Δ15 desaturases are generally only found in plants and some lower animals and so 18:2 n-6 and 18:3 n-3 are “essential” fatty acids (EFA) for higher animals including mammals and fish. The Δ6* enzyme acting on C₂₄ fatty acids may or may not be the same enzyme (Δ6) that acts on C₁₈ fatty acids.

Figure 1

